**Sport Safety Commissioners**

**Name: Partner:**

**You and your partner are Sport Safety Commissioners. Pick a specific exercise activity or sport. Develop safety guidelines with regards to training, clothing, and gear for an individual participating in that sport.**

**Activity / sport:**

|  |  |
| --- | --- |
| **Safety Risk** | **Guideline to offset risk** |
| **1.** |  |
| **2.** |  |
| **3.** |  |
| **4.** |  |
| **5.** |  |
| **6.** |  |
| **7.** |  |

**Summary paragraph explaining how to participate safely in this activity.**

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