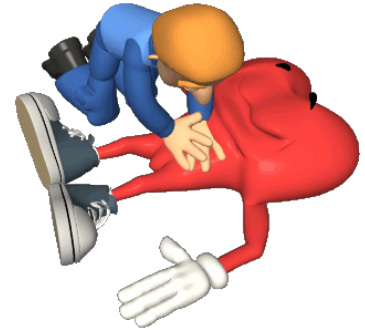


CPR



List the sequence of actions when performing “Hands Only” CPR.

- 1.
- 2.
- 3.
- 4.
- 5.

Describe the rate and depth of appropriate compressions.

What is an AED? When should it be used? How do you use an AED?

What is the phrase that summarizes “hands only” CPR?

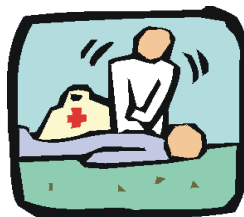
List and explain the actions that make up the American Heart Associations Adult Chain of Survival.

- 1.
- 2.
- 3.
- 4.
- 5.

What does the acronym CPR stand for?

C
P
R

Describe proper hand placement on the chest for compressions.



Describe how a responsive person would act.

What do compressions do for a person in cardiac arrest?

If you are going to include breaths in CPR, what is the appropriate sequence and ratio for compressions and breaths? Why is this better than the “Hands Only” method?