**Alcohol**

**What is Alcohol?**

1. Ethanol – the type of \_\_\_\_\_\_\_\_\_\_\_ in alcoholic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. An \_\_\_\_\_\_\_\_\_\_\_\_\_\_ drug that is physically \_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Produced through the process of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Legal Age to Drink, Purchase or Possess =

**Short Term Effects of Alcohol Use**

1. It is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ which slows down the \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ system
   1. Slows \_\_\_\_\_\_\_\_ time
   2. Impairs \_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ judgment
   4. Thought processes become
   5. Increases
   6. Increases stomach \_\_\_\_\_\_\_\_\_\_\_ which can cause
2. Intoxication – state in which the \_\_\_\_\_\_\_\_\_ is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_, the person’s \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_ control is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ reduced
3. Factors the influence the effect of alcohol
   1. Body size - small person feels effect \_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Gender – moves into blood stream of \_\_\_\_\_\_\_\_\_\_ faster
   3. \_\_\_\_\_\_\_ - slows down \_\_\_\_\_\_\_\_\_\_\_\_ of alcohol into \_\_\_\_\_\_\_\_
   4. Rate of \_\_\_\_\_\_\_\_\_\_\_\_ - intoxication occurs when a person \_\_\_\_\_\_\_ faster than the \_\_\_\_\_\_\_\_\_\_ can \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the alcohol
   5. Amount
   6. Medicine – some \_\_\_\_\_\_\_\_\_\_ the effect of alcohol

**Long term effects of alcohol**

1. Long term effects
   1. Damage to \_\_\_\_\_\_\_\_ cells and \_\_\_\_\_\_\_\_\_\_\_ in \_\_\_\_\_\_\_\_
   2. Increase in
   3. Build up of \_\_\_\_\_\_\_\_ cells and \_\_\_\_\_\_ tissue in the \_\_\_\_\_\_\_\_\_
   4. Damage to \_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_ causing \_\_\_\_\_\_\_\_, cancer and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_\_\_\_
   5. Addiction
   6. Some long term effects can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ if someone \_\_\_\_\_\_\_\_\_\_ drinking

**Binge Drinking and Alcohol Poisoning**

1. Binge drinking – drinking \_\_\_\_ or more drinks in \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
   1. Can lead to
2. Alcohol poisoning – a severe and potentially \_\_\_\_\_\_\_\_\_\_\_\_\_\_ physical \_\_\_\_\_\_\_\_\_\_ to an \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Symptoms
   1. Mental \_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_
   2. Coma or inability to \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_ and seizures
   4. Slow \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (fewer than \_\_\_\_\_ breaths per \_\_\_\_\_)
   5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ heartbeat
   6. Low body \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Alcohol poisoning \_\_\_\_\_\_\_\_\_\_\_\_\_ the \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ system which controls \_\_\_\_\_\_\_\_\_\_\_\_\_ actions like \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and the \_\_\_\_\_\_ reflex
5. If someone \_\_\_\_\_\_\_\_\_\_\_ out, they make \_\_\_\_\_\_\_\_\_\_ on their own \_\_\_\_\_\_\_\_
6. Blood Alcohol level in \_\_\_\_\_\_\_\_\_\_\_\_\_\_ continues to \_\_\_\_\_\_\_ even after \_\_\_\_\_\_\_\_\_\_ out because the alcohol is still being \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. If you suspect Alcohol poisoning, \_\_\_\_\_\_ \_\_\_\_\_\_\_

**Consequences of Alcohol Use**

1. Psychological dependence – person \_\_\_\_\_\_\_\_\_\_\_ they \_\_\_\_\_\_\_\_\_\_ alcohol in order to \_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_ \_\_\_\_\_\_
2. Physiological dependence – person has a \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ for the \_\_\_\_\_\_\_\_

**Factors influencing teen alcohol use**

1. \_\_\_\_\_\_ of teens had at least \_\_\_\_\_ \_\_\_\_\_\_\_ in \_\_\_\_\_\_\_ days
2. Peer pressure – teens are more \_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_ if their \_\_\_\_\_\_\_\_\_ drink
3. Family – teens are \_\_\_\_\_\_\_ likely to drink if their
4. Media messages – make drinking look \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_, without any

**Other effects of alcohol use on teens**

1. When alcohol is used:
   1. \_\_\_\_\_\_\_ are more likely to occur
   2. Teens are more likely to be \_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_ crimes such as \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_
   3. Teens are more likely to be \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_ as likely to contract a \_\_\_\_\_\_\_\_\_\_\_

**Alcohol and the Family**

1. Alcohol abuse –
2. \_\_\_\_\_\_\_ of youth are exposed to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Kids that live in homes with alcohol abuse are at \_\_\_\_\_\_\_\_ risk for:
   1. Neglect, \_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_ hardship
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_ use of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   4. \_\_\_\_\_\_\_\_\_\_\_\_ illness
4. Alcoholism - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in which a person has a \_\_\_\_\_\_\_\_\_\_ or\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on alcohol
   1. People who begin drinking as a \_\_\_\_\_\_\_ are \_\_\_\_\_\_ times more \_\_\_\_\_\_\_\_\_ to become an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ than someone who \_\_\_\_\_\_ until adulthood
5. Benefits of Living Alcohol-free
   1. Maintaining a
   2. Establishing
   3. Making
   4. Avoiding
   5. Avoiding
   6. Avoiding
   7. Achieving
   8. Plan \_\_\_\_\_\_\_\_\_\_\_\_\_ on how you will \_\_\_\_\_\_ \_\_\_\_\_\_\_\_ when faced with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_

**Alcohol and Driving**

1. Blood Alcohol Concentration (\_\_\_\_\_\_) – amount of \_\_\_\_\_\_\_\_\_\_ in a persons \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ expresses as a \_\_\_\_\_\_\_\_
2. Depends on
   1. \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_ of alcohol
   2. Rate of
   3. \_\_\_\_\_\_\_ size
   4. G
3. Can cause:
   1. Slow
   2. Reduced ability to \_\_\_\_\_\_\_ distances and \_\_\_\_\_\_\_\_\_\_
   3. Increase in
   4. Reduced
   5. Increased
4. DUI =
5. Is \_\_\_\_\_\_illegal for adults when BAC = \_\_\_\_\_\_ or greater
6. Is illegal for \_\_\_\_\_\_\_\_\_\_ people with any \_\_\_\_\_\_\_\_\_\_\_\_
7. Consequences
   1. Injuries or
   2. Arrest, \_\_\_\_\_ \_\_\_\_\_\_, legal \_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or revocation of
   4. Higher auto \_\_\_\_\_\_\_\_\_\_\_\_ premiums or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_
8. Do \_\_\_\_\_\_\_\_\_ ride with someone who has been \_\_\_\_\_\_\_\_\_\_\_\_\_

**Alcohol and Pregnancy**

1. When a pregnant mother \_\_\_\_\_\_\_\_\_\_\_ , the alcohol \_\_\_\_\_\_\_\_\_\_\_ from mother to \_\_\_\_\_\_\_\_\_\_\_
2. The fetus \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the alcohol much \_\_\_\_\_\_\_\_\_\_\_\_\_ than the mother so the alcohol \_\_\_\_\_\_\_\_\_\_\_\_\_ in the \_\_\_\_\_\_\_\_\_\_\_ for a \_\_\_\_\_\_\_\_\_\_ period of \_\_\_\_\_\_\_\_\_\_\_\_
3. Fetal Alcohol Syndrome – group of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_birth \_\_\_\_\_\_\_\_\_\_\_ that include \_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ problems
4. Effects are \_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_
   1. Small
   2. Deformities of
   3. Heart, \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ defects
   4. \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ problems
   5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ disabilities
   6. Poor
   7. Learning
   8. Short
   9. Hyperactivity, \_\_\_\_\_\_\_\_\_\_\_\_, social \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ if you are \_\_\_\_\_\_\_\_\_\_\_\_

**Alcoholism**

1. Disease that effects the \_\_\_\_\_\_\_\_ who \_\_\_\_\_\_\_\_\_\_\_\_\_ and the others \_\_\_\_\_\_\_\_\_\_\_\_ him
2. Someone who is \_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ to alcohol
3. Symptoms:
   1. C
   2. Inability to
   3. Withdrawal symptoms when
   4. Tolerance – need to drink \_\_\_\_\_\_\_\_\_\_\_ in order to \_\_\_\_\_\_\_ the \_\_\_\_\_\_\_\_\_
4. Behavior \_\_\_\_\_\_\_from person to person. Some may be \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ while others may be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Statistics
   1. Partially due to \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Children of alcoholics are \_\_\_\_\_\_\_ more likely to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. 17 \_\_\_\_\_\_\_\_\_\_\_\_ alcoholics and \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in US
   4. Major factor in 4 leading causes of
   5. 40% of \_\_\_\_\_\_\_\_\_\_\_\_\_\_ crimes are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ related
6. Stages
   1. 1- Abuse
      1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ develops
      2. \_\_\_\_\_\_\_\_\_\_\_\_\_ and memory \_\_\_\_\_\_\_\_\_\_\_ occurs
      3. Person \_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_ about drinking
   2. 2-Dependence
      1. \_\_\_\_\_\_\_\_\_\_\_\_\_ dependence
      2. Drinker \_\_\_\_\_\_\_ stop
      3. Drinker tries to \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. 3-Addiction
      1. Liver is \_\_\_\_\_\_\_\_\_\_\_\_\_\_, so \_\_\_\_\_\_\_ alcohol will cause \_\_\_\_\_\_
      2. Severe \_\_\_\_\_\_\_\_\_\_\_\_ symptoms without \_\_\_\_\_\_\_\_\_\_\_\_ use
   4. Codependency – someone \_\_\_\_\_\_\_ their own \_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_ for the \_\_\_\_\_\_\_\_\_\_\_\_\_
7. Treatment
   1. Cannot be \_\_\_\_\_\_\_\_\_\_\_\_ only \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Recovery – process of
   3. Takes \_\_\_\_\_\_\_\_\_\_\_ commitment to \_\_\_\_\_\_\_\_\_\_\_
   4. Steps to recovery
      1. A
      2. D
      3. C
      4. R
   5. Support groupd
      1. AA
      2. Al-anon