**Alcohol**

**What is Alcohol?**

1. Ethanol – the type of \_\_\_\_\_\_\_\_\_\_\_ in alcoholic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. An \_\_\_\_\_\_\_\_\_\_\_\_\_\_ drug that is physically \_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Produced through the process of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Legal Age to Drink, Purchase or Possess =

**Short Term Effects of Alcohol Use**

1. It is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ which slows down the \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ system
	1. Slows \_\_\_\_\_\_\_\_ time
	2. Impairs \_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ judgment
	4. Thought processes become
	5. Increases
	6. Increases stomach \_\_\_\_\_\_\_\_\_\_\_ which can cause
2. Intoxication – state in which the \_\_\_\_\_\_\_\_\_ is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_, the person’s \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_ control is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ reduced
3. Factors the influence the effect of alcohol
	1. Body size - small person feels effect \_\_\_\_\_\_\_\_\_\_\_\_\_
	2. Gender – moves into blood stream of \_\_\_\_\_\_\_\_\_\_ faster
	3. \_\_\_\_\_\_\_ - slows down \_\_\_\_\_\_\_\_\_\_\_\_ of alcohol into \_\_\_\_\_\_\_\_
	4. Rate of \_\_\_\_\_\_\_\_\_\_\_\_ - intoxication occurs when a person \_\_\_\_\_\_\_ faster than the \_\_\_\_\_\_\_\_\_\_ can \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the alcohol
	5. Amount
	6. Medicine – some \_\_\_\_\_\_\_\_\_\_ the effect of alcohol

**Long term effects of alcohol**

1. Long term effects
	1. Damage to \_\_\_\_\_\_\_\_ cells and \_\_\_\_\_\_\_\_\_\_\_ in \_\_\_\_\_\_\_\_
	2. Increase in
	3. Build up of \_\_\_\_\_\_\_\_ cells and \_\_\_\_\_\_ tissue in the \_\_\_\_\_\_\_\_\_
	4. Damage to \_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_ causing \_\_\_\_\_\_\_\_, cancer and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the \_\_\_\_\_\_\_\_\_\_\_\_
	5. Addiction
	6. Some long term effects can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ if someone \_\_\_\_\_\_\_\_\_\_ drinking

**Binge Drinking and Alcohol Poisoning**

1. Binge drinking – drinking \_\_\_\_ or more drinks in \_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
	1. Can lead to
2. Alcohol poisoning – a severe and potentially \_\_\_\_\_\_\_\_\_\_\_\_\_\_ physical \_\_\_\_\_\_\_\_\_\_ to an \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Symptoms
	1. Mental \_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_
	2. Coma or inability to \_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_ and seizures
	4. Slow \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (fewer than \_\_\_\_\_ breaths per \_\_\_\_\_)
	5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ heartbeat
	6. Low body \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Alcohol poisoning \_\_\_\_\_\_\_\_\_\_\_\_\_ the \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ system which controls \_\_\_\_\_\_\_\_\_\_\_\_\_ actions like \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and the \_\_\_\_\_\_ reflex
5. If someone \_\_\_\_\_\_\_\_\_\_\_ out, they make \_\_\_\_\_\_\_\_\_\_ on their own \_\_\_\_\_\_\_\_
6. Blood Alcohol level in \_\_\_\_\_\_\_\_\_\_\_\_\_\_ continues to \_\_\_\_\_\_\_ even after \_\_\_\_\_\_\_\_\_\_ out because the alcohol is still being \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. If you suspect Alcohol poisoning, \_\_\_\_\_\_ \_\_\_\_\_\_\_

**Consequences of Alcohol Use**

1. Psychological dependence – person \_\_\_\_\_\_\_\_\_\_\_ they \_\_\_\_\_\_\_\_\_\_ alcohol in order to \_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_ \_\_\_\_\_\_
2. Physiological dependence – person has a \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ for the \_\_\_\_\_\_\_\_

**Factors influencing teen alcohol use**

1. \_\_\_\_\_\_ of teens had at least \_\_\_\_\_ \_\_\_\_\_\_\_ in \_\_\_\_\_\_\_ days
2. Peer pressure – teens are more \_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_ if their \_\_\_\_\_\_\_\_\_ drink
3. Family – teens are \_\_\_\_\_\_\_ likely to drink if their
4. Media messages – make drinking look \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_, without any

**Other effects of alcohol use on teens**

1. When alcohol is used:
	1. \_\_\_\_\_\_\_ are more likely to occur
	2. Teens are more likely to be \_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_ crimes such as \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_
	3. Teens are more likely to be \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_ as likely to contract a \_\_\_\_\_\_\_\_\_\_\_

**Alcohol and the Family**

1. Alcohol abuse –
2. \_\_\_\_\_\_\_ of youth are exposed to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Kids that live in homes with alcohol abuse are at \_\_\_\_\_\_\_\_ risk for:
	1. Neglect, \_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_
	2. \_\_\_\_\_\_\_\_\_\_\_\_\_ hardship
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_ use of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	4. \_\_\_\_\_\_\_\_\_\_\_\_ illness
4. Alcoholism - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in which a person has a \_\_\_\_\_\_\_\_\_\_ or\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on alcohol
	1. People who begin drinking as a \_\_\_\_\_\_\_ are \_\_\_\_\_\_ times more \_\_\_\_\_\_\_\_\_ to become an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ than someone who \_\_\_\_\_\_ until adulthood
5. Benefits of Living Alcohol-free
	1. Maintaining a
	2. Establishing
	3. Making
	4. Avoiding
	5. Avoiding
	6. Avoiding
	7. Achieving
	8. Plan \_\_\_\_\_\_\_\_\_\_\_\_\_ on how you will \_\_\_\_\_\_ \_\_\_\_\_\_\_\_ when faced with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_

**Alcohol and Driving**

1. Blood Alcohol Concentration (\_\_\_\_\_\_) – amount of \_\_\_\_\_\_\_\_\_\_ in a persons \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ expresses as a \_\_\_\_\_\_\_\_
2. Depends on
	1. \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_ of alcohol
	2. Rate of
	3. \_\_\_\_\_\_\_ size
	4. G
3. Can cause:
	1. Slow
	2. Reduced ability to \_\_\_\_\_\_\_ distances and \_\_\_\_\_\_\_\_\_\_
	3. Increase in
	4. Reduced
	5. Increased
4. DUI =
5. Is \_\_\_\_\_\_illegal for adults when BAC = \_\_\_\_\_\_ or greater
6. Is illegal for \_\_\_\_\_\_\_\_\_\_ people with any \_\_\_\_\_\_\_\_\_\_\_\_
7. Consequences
	1. Injuries or
	2. Arrest, \_\_\_\_\_ \_\_\_\_\_\_, legal \_\_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or revocation of
	4. Higher auto \_\_\_\_\_\_\_\_\_\_\_\_ premiums or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_
8. Do \_\_\_\_\_\_\_\_\_ ride with someone who has been \_\_\_\_\_\_\_\_\_\_\_\_\_

**Alcohol and Pregnancy**

1. When a pregnant mother \_\_\_\_\_\_\_\_\_\_\_ , the alcohol \_\_\_\_\_\_\_\_\_\_\_ from mother to \_\_\_\_\_\_\_\_\_\_\_
2. The fetus \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the alcohol much \_\_\_\_\_\_\_\_\_\_\_\_\_ than the mother so the alcohol \_\_\_\_\_\_\_\_\_\_\_\_\_ in the \_\_\_\_\_\_\_\_\_\_\_ for a \_\_\_\_\_\_\_\_\_\_ period of \_\_\_\_\_\_\_\_\_\_\_\_
3. Fetal Alcohol Syndrome – group of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_birth \_\_\_\_\_\_\_\_\_\_\_ that include \_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ problems
4. Effects are \_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_
	1. Small
	2. Deformities of
	3. Heart, \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ defects
	4. \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ problems
	5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ disabilities
	6. Poor
	7. Learning
	8. Short
	9. Hyperactivity, \_\_\_\_\_\_\_\_\_\_\_\_, social \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ if you are \_\_\_\_\_\_\_\_\_\_\_\_

**Alcoholism**

1. Disease that effects the \_\_\_\_\_\_\_\_ who \_\_\_\_\_\_\_\_\_\_\_\_\_ and the others \_\_\_\_\_\_\_\_\_\_\_\_ him
2. Someone who is \_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ to alcohol
3. Symptoms:
	1. C
	2. Inability to
	3. Withdrawal symptoms when
	4. Tolerance – need to drink \_\_\_\_\_\_\_\_\_\_\_ in order to \_\_\_\_\_\_\_ the \_\_\_\_\_\_\_\_\_
4. Behavior \_\_\_\_\_\_\_from person to person. Some may be \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ while others may be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Statistics
	1. Partially due to \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	2. Children of alcoholics are \_\_\_\_\_\_\_ more likely to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. 17 \_\_\_\_\_\_\_\_\_\_\_\_ alcoholics and \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in US
	4. Major factor in 4 leading causes of
	5. 40% of \_\_\_\_\_\_\_\_\_\_\_\_\_\_ crimes are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ related
6. Stages
	1. 1- Abuse
		1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ develops
		2. \_\_\_\_\_\_\_\_\_\_\_\_\_ and memory \_\_\_\_\_\_\_\_\_\_\_ occurs
		3. Person \_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_ about drinking
	2. 2-Dependence
		1. \_\_\_\_\_\_\_\_\_\_\_\_\_ dependence
		2. Drinker \_\_\_\_\_\_\_ stop
		3. Drinker tries to \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. 3-Addiction
		1. Liver is \_\_\_\_\_\_\_\_\_\_\_\_\_\_, so \_\_\_\_\_\_\_ alcohol will cause \_\_\_\_\_\_
		2. Severe \_\_\_\_\_\_\_\_\_\_\_\_ symptoms without \_\_\_\_\_\_\_\_\_\_\_\_ use
	4. Codependency – someone \_\_\_\_\_\_\_ their own \_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_ for the \_\_\_\_\_\_\_\_\_\_\_\_\_
7. Treatment
	1. Cannot be \_\_\_\_\_\_\_\_\_\_\_\_ only \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	2. Recovery – process of
	3. Takes \_\_\_\_\_\_\_\_\_\_\_ commitment to \_\_\_\_\_\_\_\_\_\_\_
	4. Steps to recovery
		1. A
		2. D
		3. C
		4. R
	5. Support groupd
		1. AA
		2. Al-anon